

Volition at Home

A one-page starter for raising kids who want to think — in the age of abundant answers.

MILLIONROOTS
COMPANION TO
"TEACH THEM TO WANT"

THE ONE SHIFT EVERYTHING ELSE FOLLOWS FROM

Stop being the **remover** of friction. → Start being the **protector** of it.

THIS WEEK'S MOVE

Help your child pick **one hard thing they actually want** — a real project measured in months, not a worksheet measured in minutes. Then **amplify, don't rescue**: lend tools, AI, and your time as a tutor — but let them stay stuck long enough to climb out themselves. The climbing is the whole point.

THREE HOME HABITS

- 1 **Hand them a pilgrimage.** Long, hard, self-chosen work that AI can speed up but cannot choose for them.
- 2 **Praise the question, not the answer.** Aim the warmth in your voice at persistence and curiosity — not the grade.
- 3 **Let them see you want something hard.** Volition is modeled before it's chosen. Show them the messy middle.

SAY THIS, NOT THAT

"Good job!"	"What was the hardest part?"
"You're so smart."	"What did you try before it worked?"
"Here, let me."	"What's your next move?"
"Did you get an A?"	"What question are you chasing now?"
"That's wrong."	"Where do you think it breaks?"
"Just ask the AI."	"What would you guess first?"

THE FRICTION AUDIT — PICK ONE TO STOP

- I solve the problem the second they're stuck.
- I fill every bored minute with a screen.
- I praise grades over questions.
- I finish their sentences and their projects.
- I clear every obstacle before they reach it.

Be the spotter.

Protect **productive** struggle, not maximum struggle. Keep the difficulty where your child can *just barely* succeed, and hold your hands close enough to catch them — still enough to let them climb. Not absent. Not intervening. Present, and restrained.

You can protect the hunger at home — one hard thing your child actually wants, this week.

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